



**CITY OF LA MARQUE
PARKS BOARD
SPECIAL MEETING AGENDA
of
April 25, 2024**

Notice is hereby given that the Parks Board of the City of La Marque, Texas will conduct a **Special Meeting** on **APRIL 25, 2024**, beginning at **6:00 PM** in the **City Hall Conference Room** at **1111 Bayou Road La Marque, Texas as well as via video-conference hosted through Zoom (<https://zoom.us/j/92493940502>)**. In accordance with Section 551.127(b) of the Texas Local Government Code the presiding officer and a quorum of the La Marque Parks Board intend to be and will be physically present at 1109-B Bayou Road, La Marque, Texas. This location will be open to the public.

The Board will meet for the purpose of considering the following agenda:

1. CALL MEETING TO ORDER
2. ROLL CALL
3. INVOCATION AND PLEDGE OF ALLEGIANCE
4. PRESENTATIONS
5. FINANCIAL REPORTS
 - 5.I. January 2024 - Parks Improvement Fund
 - 5.II. January 2024 - Parks Fund
 - 5.III. February 2024 - Parks Fund
 - 5.IV. February 2024 - Parks Improvement Fund
 - 5.V. 81 Fund - Balance Sheet
6. CITY MANAGER REPORT
7. PUBLIC WORKS REPORT
8. OLD BUSINESS
 - 8.I. Discussion / Possible action regarding an update on resurfacing of pickle ball courts

8.II. Discussion / Possible action regarding updated designs for park signs

8.III. Discussion / Possible action regarding the projected re-opening of Jayce Park

9. NEW BUSINESS

9.I. Discussion / Possible action regarding the approval of the installation of culverts/driveways at Highland Bayou Parks

9.II. Discussion / Possible action regarding the purchase of colored balloons/figures with colored caps and gowns to add to the graduation display

9.III. Discussion / Possible action regarding the participation in the Life and Liberty Festival event

9.IV. Discussion / Possible action regarding the purchase of a Dome Climber

9.V. Discussion / Possible action regarding obtaining quotes for landscaping for Bayou Park's Native Garden and Walter Feigle Park

9.VI. Discussion / Possible action regarding the approval of purchasing trash bin enclosures for Mahan Park and Highland Bayou Park

9.VII. Discussion / Possible action regarding approving a shared expense with Keep La Marque Beautiful Commission for painting murals at the Library and Police Department

9.VIII. Discussion / Possible action regarding updating Highland Bayou Baseball Fields

9.IX. Discussion / Possible action regarding Parks Board requirements and responsibilities

9.X. Discussion / Possible action regarding national fitness campaign structure(s) grant opportunity

9.XI. Discussion / Possible action regarding mini-pitch soccer system grant opportunity

9.XII. Discussion / Possible action regarding funding of fencing of baseball field #1 at Mahan Park not to exceed \$18,500

9.XIII. Discussion / Possible action regarding the National Recreation and Park Association's Million Coaches Challenge Grant Program

10. REQUESTS AND ANNOUNCEMENTS

10.I. The next Parks Board meeting will be May 16, 2024

11. ADJOURNMENT

CERTIFICATION:

I hereby certify that the above notice of meeting was posted at 1109-B Bayou Road, La Marque, Texas on APRIL 22, 2024 at 6:00pm.

Kasey Lott
Deputy City Clerk



CITY OF LA MARQUE
PARKS IMPROVEMENT FUND
January 2024

BEGINNING CASH & INVESTMENT BALANCE 12/31/2023		\$684,177.34
PARKS SURCHARGE RECEIVABLE		\$61,239.59
REVENUES		
Parks Surcharge		15,722.12
Total Revenues		\$15,722.12
EXPENSES		
<u>Date/ Vendor</u>	<u>Description</u>	
		0.00
Total Expenses		\$0.00
ENDING CASH & INVESTMENT BALANCE 1/31/2024		\$761,139.05



CITY OF LA MARQUE
PARKS FUND
January 2024

DONATIONS

	Total Donations Received	Parks			Keep La Marque Beautiful		
		Correct Allocation	Actual Payment	Over / (Under) Payment	Correct Allocation	Actual Payments	Over / (Under) Payment
October 2023	2,032.00	1,016.00	1,016.00	0.00	1,016.00	1,016.00	0.00
November 2023	1,220.00	610.00	610.00	0.00	610.00	610.00	0.00
December 2023	966.00	483.00	483.00	0.00	483.00	483.00	0.00
January 2024	1,500.00	750.00	750.00	0.00	750.00	750.00	0.00
February 2024		0.00	0.00	0.00	0.00	0.00	0.00
March 2024		0.00	0.00	0.00	0.00	0.00	0.00
April 2024		0.00	0.00	0.00	0.00	0.00	0.00
May 2024		0.00	0.00	0.00	0.00	0.00	0.00
June 2024		0.00	0.00	0.00	0.00	0.00	0.00
July 2024		0.00	0.00	0.00	0.00	0.00	0.00
August 2024		0.00	0.00	0.00	0.00	0.00	0.00
September 2024		0.00	0.00	0.00	0.00	0.00	0.00
	\$ 5,718.00	\$ 2,859.00	\$ 2,859.00	0.00	\$ 2,859.00	\$ 2,859.00	0.00

BEGINNING CASH & INVESTMENT BALANCE 12/31/2023

\$36,250.99

REVENUES

Donations	750.00
Additional donations	0.00
Interest on Investments - January 2023	62.11
Total Revenues	\$812.11

EXPENSES

<u>Date/ Vendor</u>	<u>Description</u>	
1/25/2024 NVB PLAYGROUNDS	bike rack	2,776.00
1/18/2024 LOWE's	soil, mulch, tools	420.32
1/18/2024 CLEAON JOLLY	picnic table concrete pads	2,850.00
1/4/2024 AMAZON	camera, electrical box	1552.51
1/4/2024 TONIA GRIFFIN	box, paint supplies	133.62
Total Expenses		\$7,732.45

ENDING CASH & INVESTMENT BALANCE 1/31/2024

\$29,330.65



**CITY OF LA MARQUE
PARKS FUND
February 2024**

DONATIONS

	Total Donations Received	Parks			Keep La Marque Beautiful		
		Correct Allocation	Actual Payment	Over / (Under) Payment	Correct Allocation	Actual Payments	Over / (Under) Payment
October 2023	2,032.00	1,016.00	1,016.00	0.00	1,016.00	1,016.00	0.00
November 2023	1,220.00	610.00	610.00	0.00	610.00	610.00	0.00
December 2023	966.00	483.00	483.00	0.00	483.00	483.00	0.00
January 2024	1,500.00	750.00	750.00	0.00	750.00	750.00	0.00
February 2024	1,268.00	634.00	634.00	0.00	634.00	634.00	0.00
March 2024		0.00	0.00	0.00	0.00	0.00	0.00
April 2024		0.00	0.00	0.00	0.00	0.00	0.00
May 2024		0.00	0.00	0.00	0.00	0.00	0.00
June 2024		0.00	0.00	0.00	0.00	0.00	0.00
July 2024		0.00	0.00	0.00	0.00	0.00	0.00
August 2024		0.00	0.00	0.00	0.00	0.00	0.00
September 2024		0.00	0.00	0.00	0.00	0.00	0.00
	\$ 6,986.00	\$ 3,493.00	\$ 3,493.00	0.00	\$ 3,493.00	\$ 3,493.00	0.00

BEGINNING CASH & INVESTMENT BALANCE 1/31/2024

\$29,330.65

REVENUES

Donations	634.00
Additional donations	0.00
Interest on Investments - February 2024	59.88
Total Revenues	\$693.88

EXPENSES

<u>Date/ Vendor</u>	<u>Description</u>	
2/1/2024 Mary Limones	Supplies for Christmas parade	18.00
2/1/2024 Lowe's	Paint brushes and soil	325.15
2/15/2024 Amazon	Return- Paint markers	-15.96
2/15/2024 Tonia Griffin	Paint & supplies	65.04
2/28/2024 JP MORGAN	Food & candy	206.67
2/29/2024 James Griffin	Gulf Coast Fence- fencing	10,000.00
2/29/2024 Rick Sailer	Drinks for Parks Board workshop	21.52
Total Expenses		\$10,620.42

ENDING CASH & INVESTMENT BALANCE 2/29/2024

\$19,404.11



CITY OF LA MARQUE
PARKS IMPROVEMENT FUND
February 2024

BEGINNING CASH & INVESTMENT BALANCE 1/31/2024		\$714,699.03
PARKS SURCHARGE RECEIVABLE		\$61,073.34
REVENUES		
Parks Surcharge		13,962.77
Total Revenues		\$13,962.77
EXPENSES		
Date/ Vendor	Description	
		0.00
Total Expenses		\$0.00
ENDING CASH & INVESTMENT BALANCE 2/29/2024		\$789,735.14

Parks Fund - 81 Expenses

				Budget	\$10,000.00
Date	Purpose	Vendor	Invoice	Amount	Remaining
10/3/2023	Supplies	Lowes	479263955	\$59.14	\$9,940.86
10/4/2023	Plastic Bags	4-Imprint		\$258.43	\$9,682.43
10/5/2023	Dog Waste Station	ZW USA Inc.	567125	\$549.97	\$9,132.46
10/5/2023	Conference (meals)	Tonia Griffin		\$241.50	\$8,890.96
10/5/2023	Conference (meals)	Mary Limones		\$241.50	\$8,649.46
10/5/2023	Conference (meals)	Valry Allen		\$241.50	\$8,407.96
10/9/2023	Paint	Lowes	849286704	\$113.76	\$8,294.20
10/11/2023	Snacks	Sams	95404	\$140.02	\$8,154.18
10/13/2023	Steel Rake-Nativescapes	Lowes		\$14.98	\$8,139.20
10/16/2023	White Primer-Trash Barrel	Lowes		\$12.96	\$8,126.24
10/19/2023	certificates	Amazon	19HL-NLPR-7VN1	\$34.55	\$8,091.69
10/23/2023	Project - AITP	Lowes		\$16.18	\$8,075.51
10/23/2023	Travel-J. Compian	Joe Compian		\$724.50	\$7,351.01
10/23/2023	Conference (meals-JC)	Joe Compian		\$172.50	\$7,178.51
10/26/2023	Conference (Hotel x2)	JP Morgan		\$3,087.08	\$4,091.43
10/26/2023	Conference (Hotel x1)	JP Morgan		\$1,091.25	\$3,000.18
10/27/2023	Black Mulch	Jardina	9577	\$396.00	\$2,604.18
11/2/2023	Mulch- TX Arbor Day	Lowes		\$24.64	\$2,579.54
11/2/2023	Acrylic Pens	Amazon	IHFL-QJCN-JWJN	\$41.88	\$2,537.66
11/4/2023	5-Pack Landscape Set-Native	Lowes		\$7.48	\$2,530.18
11/8/2023	Sensory Sidewalk project	Lowes		\$877.39	\$1,652.79
11/17/2023	Project Source 1-inch Chip	Lowes		\$20.70	\$1,632.09
11/17/2023	Mulch,Brushes, Garden Soil	Lowes		\$325.15	\$1,306.94
11/18/2023	116 Fl Oz Val Paint/can opener	Lowes		\$44.34	\$1,262.60
11/30/2023	Shipping for Dog Stations	ZW USA Inc.		\$29.98	\$1,232.62
11/30/2023	storage rental	Twin Cities Storage	20230001	\$140.00	\$1,092.62
11/30/2023	Soil and Cardboard	Lowes	983779	\$41.88	\$1,050.74
12/7/2023	Storage Totes	Lowes	983950	\$34.14	\$1,016.60
12/19/2023	Concrete Picnic Pads-Westlawn	Jolly Concrete		\$2,850.00	-\$1,833.40
12/21/2023	Storage Rental	Twin Cities Storage	11272023	\$780.00	-\$2,613.40
12/21/2023	Reimbursement	Mike Bock		\$95.84	-\$2,709.24
12/21/2023	Reimbursement	Mike Bock		\$14.12	-\$2,723.36
12/21/2023	Reimbursement	Mike Bock		\$5.98	-\$2,729.34
12/21/2023	Reimbursement	Mike Bock		\$36.97	-\$2,766.31
12/25/2023	5 Loop Bike Rack	AAA State of Play	67071	\$2,776.00	-\$5,542.31
1/4/2024	Reimbursement	Tonia Griffin		\$133.62	-\$5,675.93
1/4/2024	Camera for HBP	Amazon	1D6N-GJKV-6YXP	\$680.95	-\$6,356.88
1/4/2024	Electrical boxes for HBP	Amazon	11v1-3mmc-hnyr	\$493.66	-\$6,850.54
1/4/2024	Network equip for HBP	Amazon	1MFW-CQ3M-GWH	\$377.90	-\$7,228.44
1/18/2024	Fabic for ground	Lowes	985984	\$90.17	-\$7,318.61
1/18/2024	Paint	Lowes	935725	\$200.82	-\$7,519.43
2/1/2024	Reimbursement	Mary Limones		\$18.00	-\$7,537.43
2/15/2024	Reimbursement	Tonia Griffin		\$65.04	-\$7,602.47
2/29/2024	Reimbursement	Rick Sailer		\$21.52	-\$7,623.99
2/29/2024	Food for Workshop	JP Morgan		\$206.67	-\$7,830.66
2/16/2024	TRAPS conference (M.W., M.B, C.G, J.C)	TRAPS		\$2,500.00	-\$10,330.66
2/29/2024	Supplies	credit		-\$347.70	-\$9,982.96
2/29/2024	painting supplies	credit		-\$37.96	-\$9,945.00
2/29/2024	Supplies	credit		-\$28.50	-\$9,916.50



Cunningham Recreation
PO Box 240981
Charlotte, NC 28224
800.438.2780
704.525.7356 FAX
www.cunninghamrec.com

03/11/2024
Quote #
169326-01-01

City of La Marque - Dome Climber

City of La Marque
Attn: Cesar Garcia
1500 Municipal Drive
La Marque, TX 77568
Phone: 409-938-9259
c.garcia@cityoflamarque.org

Ship to Zip 77568

Quantity	Part #	Description	Unit Price	Amount
1	655	GameTime - Dome Climber	\$2,054.00	\$2,054.00
Contract: Buy Board Contract #679-22			Sub Total	\$2,054.00
			Discount	(\$328.64)
			Estimated Freight	\$552.20
			Total	\$2,277.56

Comments

* MATERIALS ONLY: Quotation does not include any site work, off-loading, storage, safety surfacing, or installation.

* Customer responsible for borders and safety surfacing (or priced upon request).

TERMS & CONDITIONS:

- **PRICING:** Due to volatile economic demand, pricing is valid for 30 days. Pricing is subject to change. Request updated pricing when purchasing from quotes more than 30 days old.
- **PAYMENT TERMS:** Net 30 days subject to approval by Credit Manager. A signed P.O. made out to Cunningham Recreation or this signed quotation is required for all orders unless otherwise noted. Equipment shall be invoiced separately from other services and shall be payable in advance of those services and project completion. Checks should be made payable to Cunningham Recreation unless otherwise directed. **Any order exceeding \$300,000 will require progress payments during the course of completion.**
- **FINANCE CHARGE:** A 1.5% monthly finance charge (or as permitted by law) will be added to invoices over 30 days past due.
- **TAXES:** Taxes will be shown as a separate line item when included. Any applicable taxes not shown will be added to final invoice. A copy of your tax exemption certificate must be submitted at time of order or taxes will be added to your invoice.
- **SHIPMENT:** Multiple shipments may be required based on point of origin. Above costs assume one shipment for each vendor quoted.
- **LEAD TIME:** Standard orders ship **10-12 weeks** after receipt of order and acceptance of your purchase order, color selections, approved submittals (if required) unless otherwise noted. Custom equipment and shades may require a longer lead times. Surfacing lead time is approximately 2 weeks after scheduling request.
- **DELIVERY:** It is the responsibility of the owner to offload and inventory equipment, unless other arrangements have been made. Missing or damaged equipment must be reported within 60 days of acceptance of delivery.

SUPPLY ONLY:

- All items are quoted supply only.
- Installation services are not included.
- Customer is responsible for coordinating delivery, receipt, unloading, and inventory equipment.
- Missing or damaged equipment must be reported within 60 days of delivery.



Cunningham Recreation
PO Box 240981
Charlotte, NC 28224
800.438.2780
704.525.7356 FAX
www.cunninghamrec.com

03/11/2024
Quote #
169326-01-01

City of La Marque - Dome Climber

ACCEPTANCE OF QUOTATION:

Acceptance of this proposal indicates your agreement to the terms and conditions stated herein.

Accepted By (printed): _____ Title: _____

Telephone: _____ Fax: _____

P.O. Number: _____ Date: _____

Purchase Amount: **\$2,277.56**

SALES TAX EXEMPTION CERTIFICATE #: _____

(PLEASE PROVIDE A COPY OF CERTIFICATE)

Salesperson's Signature

Customer Signature

BILLING INFORMATION:

Bill to: _____

Contact: _____

Address: _____

Address: _____

City, State: _____ Zip: _____

Tel: _____ Fax: _____

E-mail: _____

SHIPPING INFORMATION:

Ship to: _____

Contact: _____

Address: _____

Address: _____

City, State: _____ Zip: _____

Tel: _____ Fax: _____

E-mail: _____

ART IN THE PARKS – TRASH BIN ENCLOSURES-1,000.00

Help La Marque Parks Board beautify 2 trash enclosures at Highland Bayou Park and Mahan Park. Enclosures will be added to enhance the park's view, encouraging visitors to keep city parks clean.



























NRPA's Million Coaches Challenge Grant Program

Informational Webinar



NATIONAL
RECREATION AND PARK
ASSOCIATION



Program Purpose

The purpose of the Million Coaches Challenge is to:

- **Increase the number of park and recreation professionals**, seasonal staff, coaches, and volunteers trained on SEL, DEI, and youth development.
- **Ensure park and recreation agencies have access to high-quality training programs** that reduce burden on leadership to curate staff and volunteer trainings.
- **Identify successful, replicable training models** in parks and recreation.

***Applications are due May 8, 2024.**



Million Coaches Challenge Grant Program

At its core, the goal of the Million Coaches Challenge is to equip youth sports coaches and volunteers, after school administrators, summer camp counselors, seasonal staff, and other **professionals working closely with youth with the knowledge and skills to support positive youth development.**



Availability of Funds

1. NRPA will award **no-cost training to up to x30 grantees** in 2024 (this program will reopen in 2025).
2. Using an equity-based grantmaking model, some agencies will be awarded **microgrants ranging from \$2,000 to \$5,000** to support training implementation.
3. Training will be provided through **partners including:** the Center for Healing and Justice Through Sport, Nike in partnership with the United States Olympic and Paralympic Committee, Positive Coaching Alliance, and the United States Soccer Foundation.

***Applications are due May 8, 2024.**

Who Should You Train?

Training available through the Million Coaches Challenge is applicable for **all youth-serving individuals working at/with your agency.**

This opportunity can support training for full-time staff, seasonal staff, enrichment program instructors, camp administrators, mentors, community volunteers, and coaches and leagues renting field/court space.



Eligibility Requirements

There are two eligibility categories for this grant. Applicants must either be:

1. A **local government agency** that plans, builds, and/or operates parks (e.g., municipal park and recreation department, tribal recreation department, park district, public works department that manages parks, etc.)
2. OR an **affiliated 501c(3) non-profit organization**
 - *If the applicant is not a local government agency, they are required to submit a letter of support from the park and recreation agency director or equivalent.

***Applications are due May 8, 2024.**



Grant Requirements

Please keep the following in mind when developing your Million Coaches Challenge application:

1. **Grantees commit to recruiting and training the number of coaches/staff/volunteers put forward in their application.** You will partner with NRPA and your coach training provider to coordinate training.
2. Grantees are invited to participate in an **NRPA-led virtual learning community** (required if you receive a microgrant).
3. Grantees will partner with NRPA and the coach training provider to **measure the impact of training.**
4. Training must be complete by **December 31, 2024.**

Key Dates

Applications are due May 8 at 11:59pm PST.

NRPA will notify agencies of award status by June 1, 2024. As a reminder, the training period will run from June 2024 – December 2024.

Questions? Reach out to
youthsports@nrpa.org!



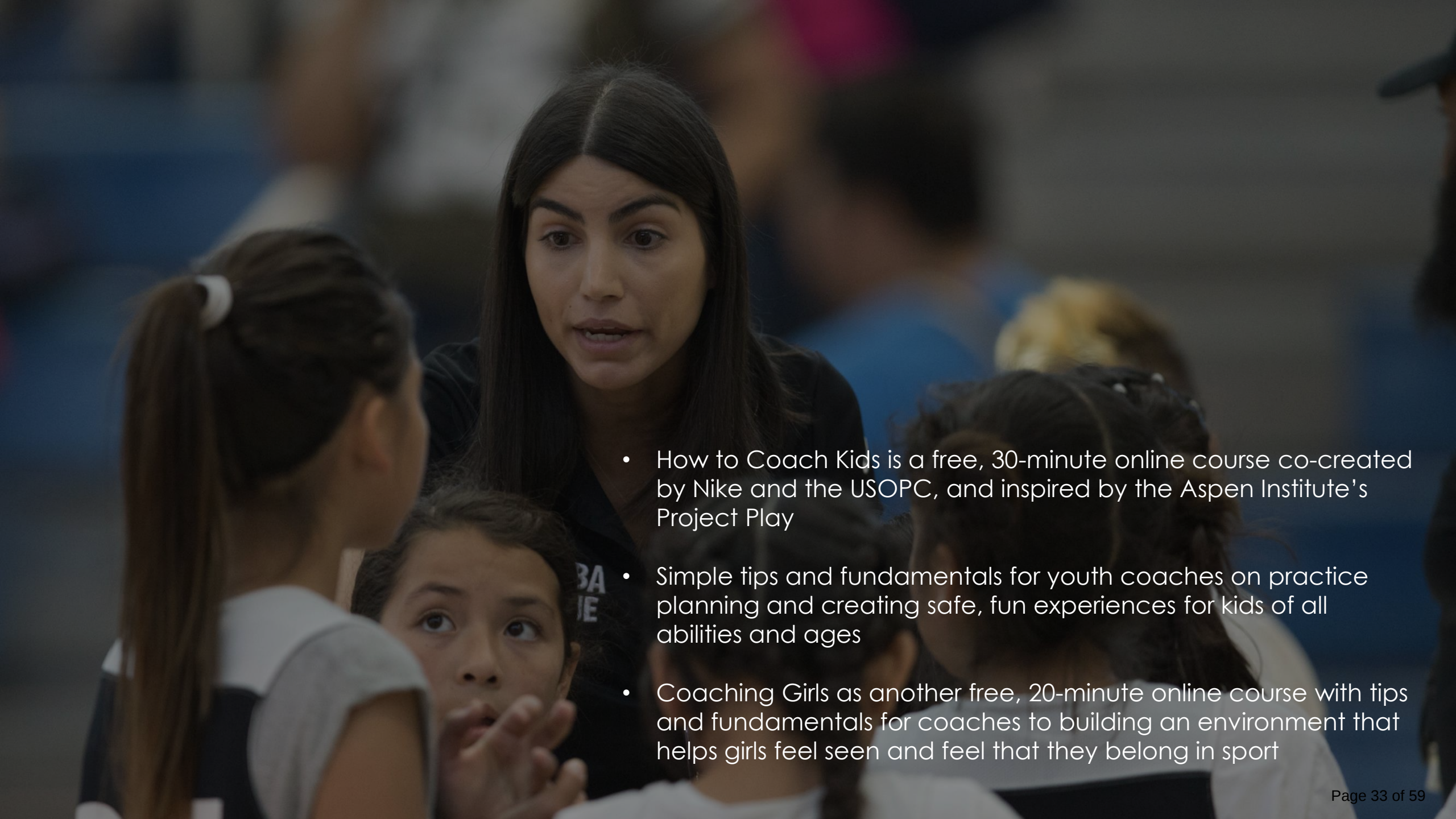
HOW TO COACH KIDS

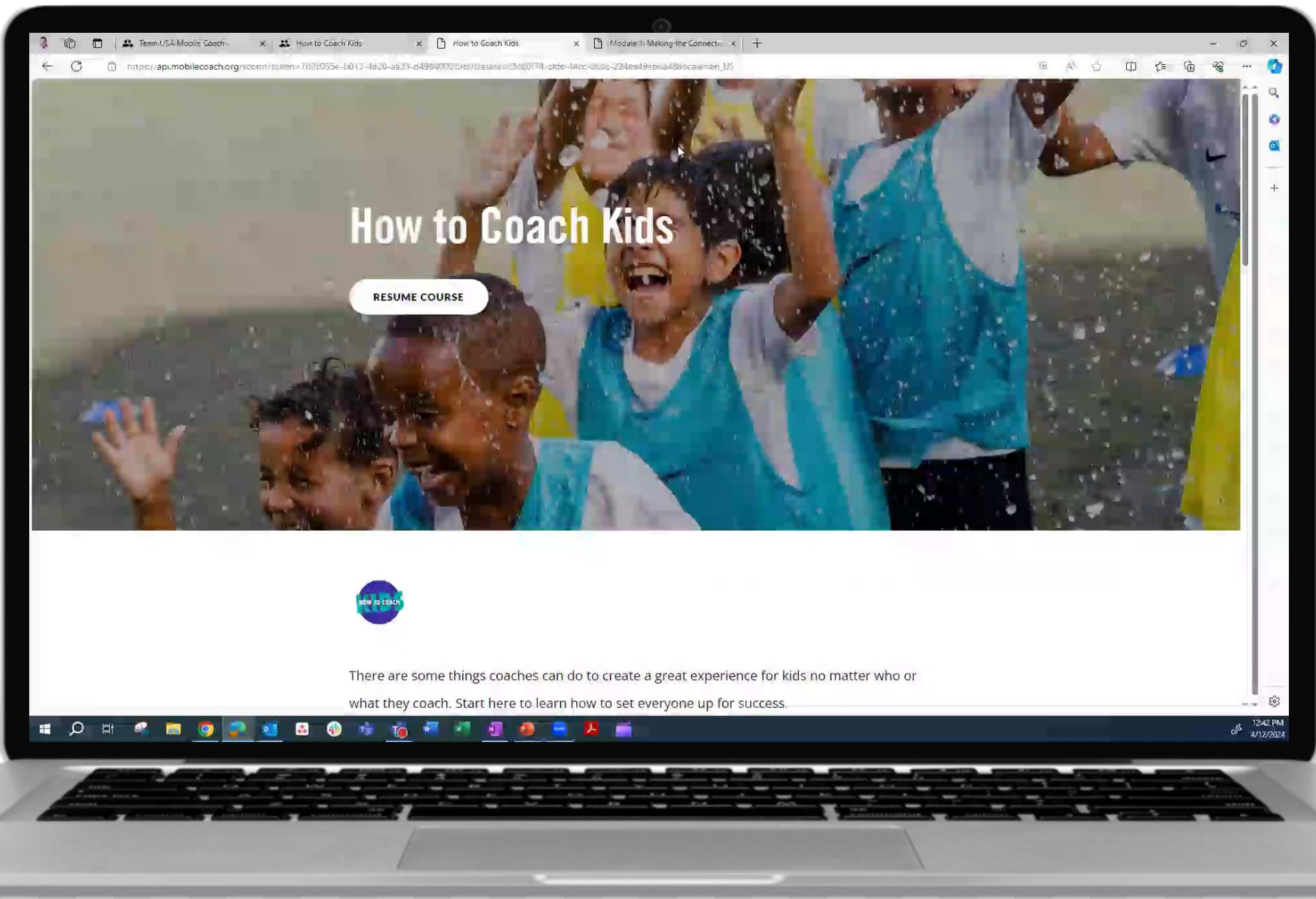
NRPA WEBINAR – APRIL 15, 2024

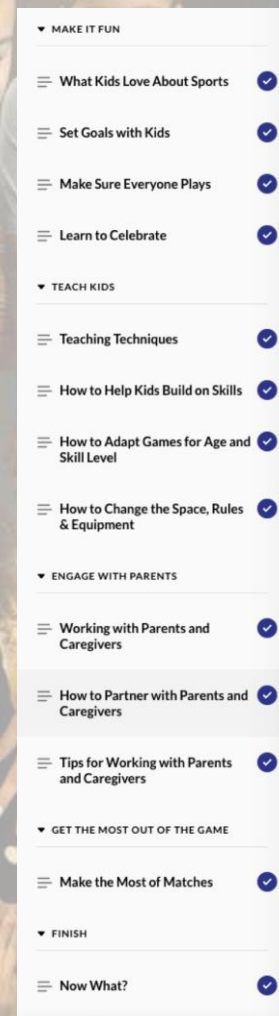
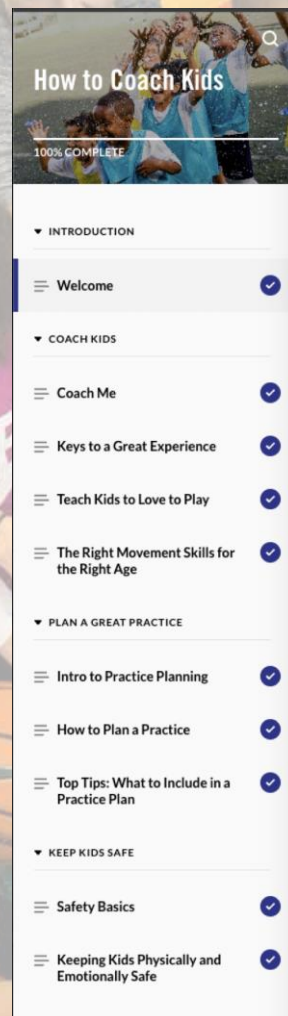
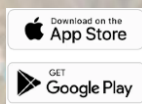


UNITED STATES
OLYMPIC & PARALYMPIC
COMMITTEE

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- 
- How to Coach Kids is a free, 30-minute online course co-created by Nike and the USOPC, and inspired by the Aspen Institute's Project Play
 - Simple tips and fundamentals for youth coaches on practice planning and creating safe, fun experiences for kids of all abilities and ages
 - Coaching Girls as another free, 20-minute online course with tips and fundamentals for coaches to building an environment that helps girls feel seen and feel that they belong in sport







HOW TO COACH KIDS

NRPA WEBINAR – APRIL 15, 2024



UNITED STATES
OLYMPIC & PARALYMPIC
COMMITTEE





CENTER FOR
HEALING AND JUSTICE
THROUGH SPORT

NOTHING HEALS LIKE SPORT

Join the healing-centered sport movement.



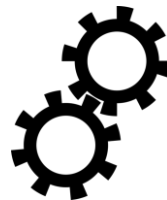


OUR MISSION IS TO MAKE SPORT
HEALING FOR ALL YOUTH
EVERYWHERE.

TRAINING



CONSULTING



MOVEMENT BUILDING



TRAINING

Practical solutions, resources and experiential learning for coaches and sports programs to ensure their athletes, students, or participants are getting the most out of their sport experience.

Three main content areas:



INCLUSIVE
COACHING

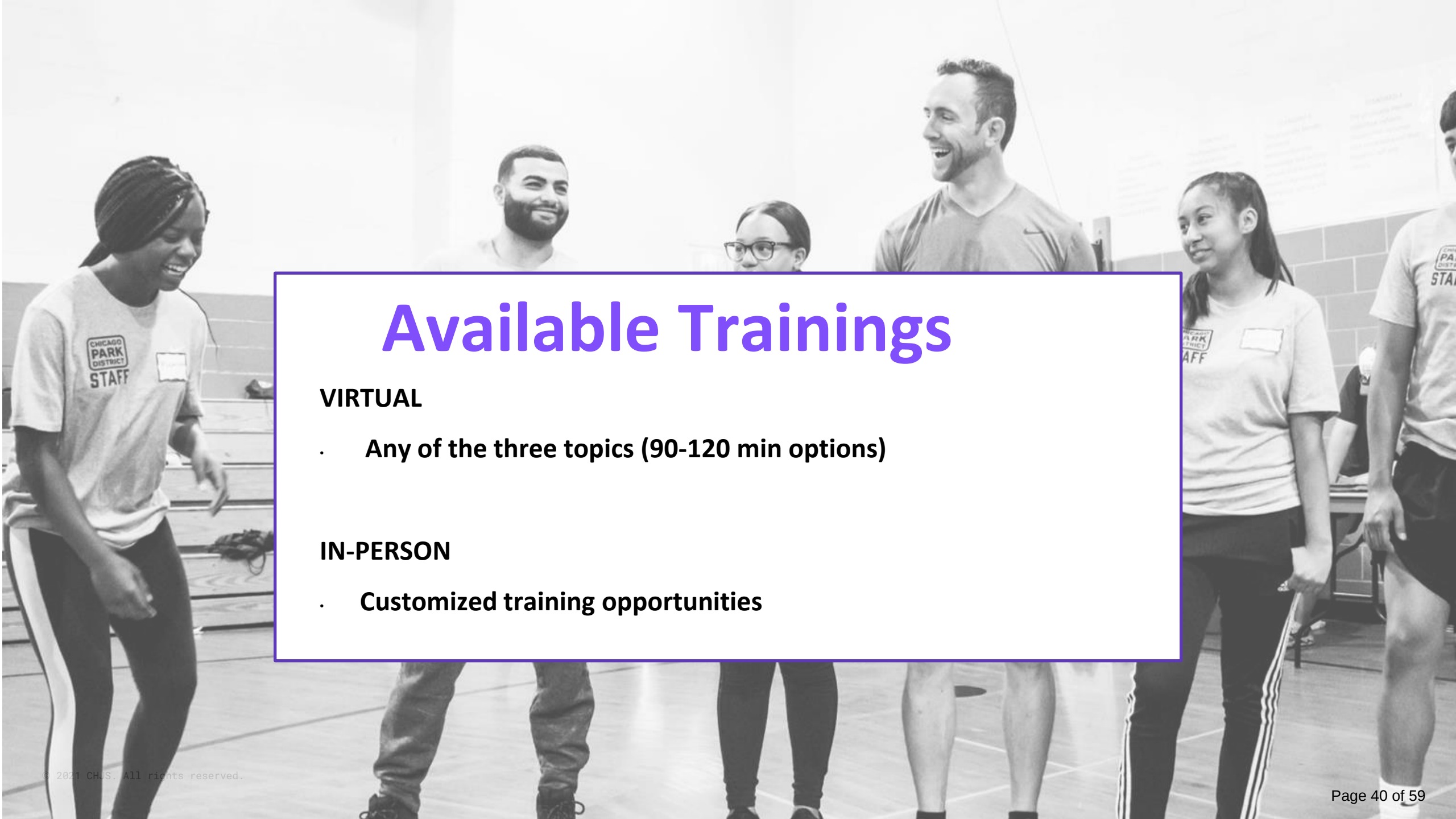


HEALING-CENTERED
SPORT



GIRLS IN SPORT





Available Trainings

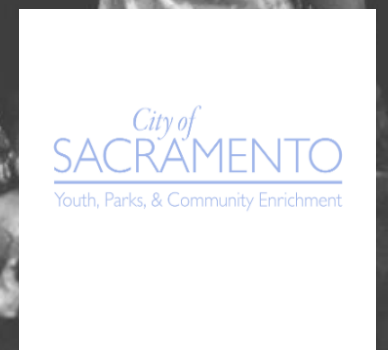
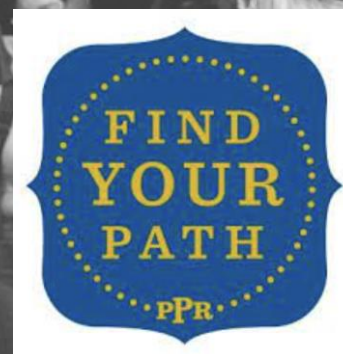
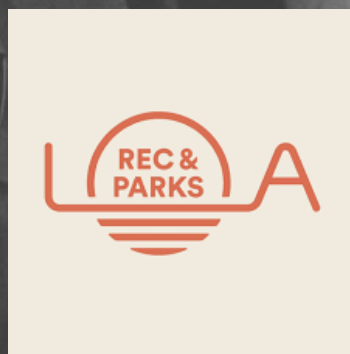
VIRTUAL

- Any of the three topics (90-120 min options)

IN-PERSON

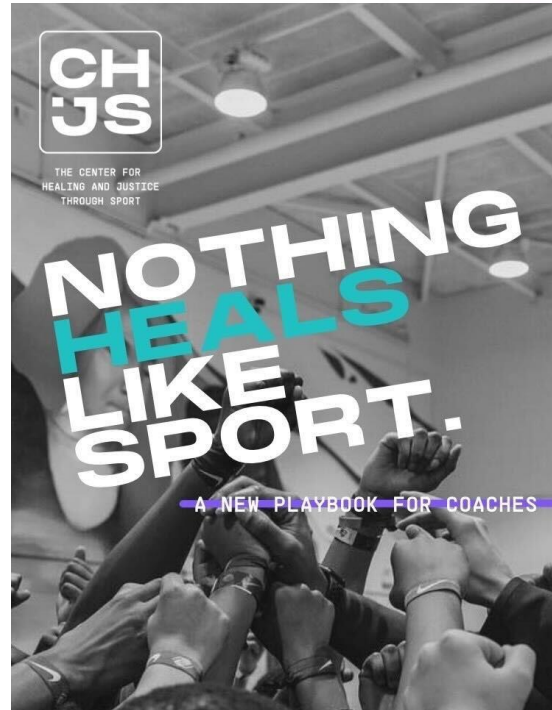
- Customized training opportunities

PARKS PARTNERSHIPS





Healing Sport, Together



GET THE PLAYBOOK
AND OTHER RESOURCES
HERE



Follow us on social: [@chjsorg](https://twitter.com/chjsorg)



e: JGLoughran@CHJS.org

The U.S. Soccer Foundation



Mission

The mission of the U.S. Soccer Foundation is to provide underserved communities access to innovative play spaces and evidence-based soccer programs that instill hope, foster well-being, and help youth achieve their fullest potential.



COACH-MENTOR
TRAINING™



Coach-Mentor Training Delivery

Delivery Options

- 
1. In-Person (2 hours)
 2. Virtual-Live (90 minutes)
 3. Online, Asynchronous (~ 1 hour)
 - On-demand

*Content tailored to your specific audience (when possible)

POSITIVE COACHING ALLIANCE

Positive Coaching Alliance is the culmination of a 2022 merger between two leading organizations, Coaching Corps and PCA.

The merger has enabled PCA to be nationally committed to making youth sports positive, equitable, and accessible for all kids.

PCA'S MISSION

To change the culture of youth sports so that every child, regardless of social or economic circumstance, has access to a positive youth sports experience.

PCA'S REACH Since 1998...

20 MILLION +

Youth reached by our
programs and resources

40,000 +

Live group workshops for
leaders, coaches, parents and
athletes

5,000 +

Partnerships with schools and
youth sports organizations

PCA – PARKS & RECREATION

PCA has been worked with hundreds of local park and rec agencies, bringing our easy to use training and resources to help improve the youth sports experience.

Athletes

Exhibit: increased teamwork, confidence, resiliency, empathy, and are more physically active

Program

Increase opportunities to participate in a positive sports culture including athlete/coach retention and engagement.

BENEFITS OF POSITIVE YOUTH SPORTS CULTURE

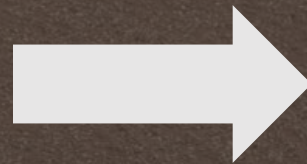
Coaches

Feel more prepared to build character on and off the field, and improve athlete performance.

Parents

Develop stronger relationships with their children and feel more connected to the program.

**POSITIVE
YOUTH
SPORTS
CULTURE**



**YOUTH FEEL:
SAFE
SEEN
HEARD
VALUED**

DEVELOPING COMPETITORS

THROUGH POSITIVE COACHING



**ELM Tree
Of Mastery**



**Filling
Emotional Tanks**



**Honoring
The Game**



TRUSTING RELATIONSHIPS

WHAT IS EMPATHY?

**THE ABILITY TO
UNDERSTAND SOMEONE'S
PERSPECTIVE WITHOUT
JUDGMENT.**



TRAINING AVAILABLE

Live In-Person Workshops

PCA workshops combine the latest in sports and educational psychology and organizational behavior with practical advice from a National Advisory Board of top pro and college athletes and coaches who use our principles at the highest levels of competition.

The workshops are all highly interactive and facilitated by PCA Trainers with deep experience in coaching, sports parenting, athletic administration, or all three. With our in-person training, PCA Trainers come to a convenient location identified by our partners to lead an interactive workshop.

Workshops Available:

- [Developing Competitors Through Positive Coaching](#) (120 minutes)
- [Coaching with Empathy](#) (120 minutes)

TRAINING AVAILABLE

Live Workshops via Zoom

PCA's workshops via Zoom are all highly interactive and facilitated by PCA Trainers with deep experience in coaching, sports parenting, athletic administration, or all three. Two PCA Trainers facilitate Zoom workshops to ensure a quality experience.

Breakout rooms, videos, and the chat feature are all used. We strongly encourage all participants to have their camera on if possible.

Workshops Available:

- [Developing Competitors Through Positive Coaching](#) (90 minutes)
- [Coaching with Empathy](#) (90 minutes)

TRAINING AVAILABLE

Self-Paced Online Courses

Courses are self-paced, mobile-friendly and take 60 minutes to complete. They include instructional modules and opportunities for interactivity and reflection. They also feature easy-to-use tools and tips to help you put positive coaching practices to work right away.

Courses Available:

- Double-Goal Coach®: Coaching for Winning and Life Lessons (60 minutes)
- Coaching with Empathy (60 minutes)

YEAR ROUND SUPPORT

Follow Up

All coaches who complete a live or self-paced coach course will receive a series of follow up resources on a weekly basis to reinforce concepts learned in the training.

Additionally, the parks and rec leader will have a dedicated PCA Partner Support Manager to help with any specific issues that might arise and help with maximizing attendance at trainings.

JULY PARTNER OF THE MONTH

Surprise Parks and Recreation (SP&R)



July is Park and Recreation Month (#WhereCommunityGrows) which provides an opportunity to celebrate the “more than 160,000 full-time park and recreation professionals – along with hundreds of thousands of part-time and seasonal workers and volunteers – that maintain our country’s local, state and community parks.”

PCA values the impact Park and Recreation programs have on youth and to celebrate Park and Recreation Month we are putting a spotlight on our partnership with Surprise Parks and Recreation (SP&R).

The mission of SP&R is to enrich and complement the lives of Surprise residents through stewardship of their resources while providing responsive programs which promote and prioritize diversity, cultural, neighborhood, family, education, recreation and wellness opportunities.

Our work with SP&R certainly supports their commitment to the community. They have worked hard to ensure their youth sports programs deliver a positive and inclusive experience for all youth and have included PCA training and resources across their programming:

- PCA trainings happen prior to all coach meetings
- PCA resources are included in emails sent to coaches and in turn coaches are encouraged to share the content with parents
- PCA has become a part of the sponsorship program, where money from sponsorships helps pay for trainings



Awareness of PCA is strong across youth programs, and they see PCA concepts utilized consistently, especially during games. “We hear coaches telling players to ‘flush it’ when they make a mistake, or simply ‘take a deep breath’”, says Jason Bond, Recreation Manager Adult and Youth programming SP&R. “Overall I believe we have seen coaches’ behavior improve due to our partnership with PCA”.

Q&A

Reach out to
youthsports@nrpa.org with
questions about this opportunity!